

ANNUAL REPORT

2023 -2024

"All our dreams can come true, if we have the courage to pursue them." — Walt Disney.



EFRAH – A SOCIETY FOR SOCIAL WELFARE

COMMUNITY CENTER (BARAT GHAR), 2ND FLOOR, DDA FLATS

OPP. BHUMIHEEN CAMP, NEW DELHI -110019,

PHONE NO – 9971444366

EMAIL – sayeed@efrahindia.org, efrahindia@gmail.com, info@efrahindia.org

Website – www.efrahindia.org

TABLE OF CONTENTS

☐ <u>Note from Director – Program</u>	☐ <u>Project Summary</u>
☐ <u>Introduction of the Organization</u>	☐ <u>Our Core Value</u>
☐ <u>Geographical Presence</u>	☐ <u>Education – Program</u>
☐ <u>Programms</u>	☐ <u>Development of Conceptual knowledge</u>
☐ <u>infrastructural SUPPORT</u>	☐ <u>(NIOS) and Tertiary Education</u>
☐ <u>School Infrastructure & Smart Class</u>	☐ <u>Livelihood & skill development program</u>
☐ <u>Case study/Community testimonial</u>	☐ <u>Scaling up the efforts</u>
☐ <u>Case study/Community testimonial</u>	☐ <u>Personality development and Industrial exposure</u>
☐ <u>Volunteer Engagement</u>	☐ <u>Women Empowerment</u>
☐ <u>Centralized placement support cell</u>	☐ <u>Assertion of Women & girls as Human Rights</u>
☐ <u>Career Counseling</u>	☐ <u>community meeting to engaging with Adolescent girls</u>
☐ <u>Self Help group and Microfinance</u>	☐ <u>Meeting with potential Adolescent girls & Awareness on Sexual harassment & Life skills programmes</u>
☐ <u>Promoting Health seeking behaviour</u>	☐ <u>WASH</u>
☐ <u>Health Programmes</u>	☐ <u>Advocacy & Networking meeting</u>
☐ <u>Health Camp</u>	☐ <u>Securing Rights</u>
☐ <u>Meeting with Influential leaders/change agent</u>	☐ <u>Community volunteer and Internship</u>

NOTE FROM DIRECTOR - PROGRAM

Greetings from EFRAH!

I am thrilled to share the significant achievements our organization has accomplished across various program areas over the past year. These milestones reflect our unwavering commitment to creating lasting change in the communities we serve. Our education initiatives have seen remarkable progress. We have successfully enrolled children in our education programs, with a special focus on enhancing the quality of learning. Our dedicated team has worked tirelessly to improve literacy and numeracy skills, ensuring that children from marginalized communities receive the education they deserve. In the area of livelihood, we have empowered over women and youth through skill development programs especially for adolescent girls aged between 18-25 yrs and enabling them to secure sustainable income sources. Our innovative approaches to vocational training and entrepreneurship have not only provided financial independence but have also fostered a sense of dignity and self-worth among participants. Our health initiatives have made a substantial impact, particularly in promoting maternal and child health & targeted intervention program. Through our community health programs, we have reached thousands of women with vital healthcare services, including prenatal and postnatal care. Our efforts in raising awareness about nutrition, immunization, and hygiene have contributed to healthier families and communities. The WASH component has been added in the program to raise awareness about. The Mahila Panchayat program has continued to be a cornerstone of our work, empowering women to take charge of their rights and participate in local governance. Through our advocacy and capacity-building efforts, we have strengthened the voices of women in panchayats, ensuring their active involvement in decision-making processes that affect their lives and communities. Our Targeted Interventions program has been instrumental in addressing the needs of vulnerable populations, particularly in preventing the spread of HIV/AIDS. We have expanded our outreach and services, providing critical support to those most at risk. The success of our TI program is evident in the increased awareness, testing, and treatment uptake among the communities we serve. Our ECCE program has laid a strong foundation for early learning, reaching over ... young children. By providing high-quality early childhood education, we are ensuring that children are ready for school and have the cognitive, emotional, and social skills necessary for future success. Our centers have become safe havens for children, where they can learn, play, and grow in a nurturing environment. In the past year, our commitment to fostering community-led development has been significantly bolstered by the growth and impact of Self-Help Groups (SHGs). These groups have emerged as a powerful vehicle for social and economic empowerment, particularly for women, in the communities we serve.

These achievements are a testament to the dedication and hard work of our staff, partners, and community members. Together, we are making a difference, and I am confident that we will continue to build on these successes in the years to come.

Thank you for your unwavering support and commitment to our mission.

MR. SAYEED AHMAD

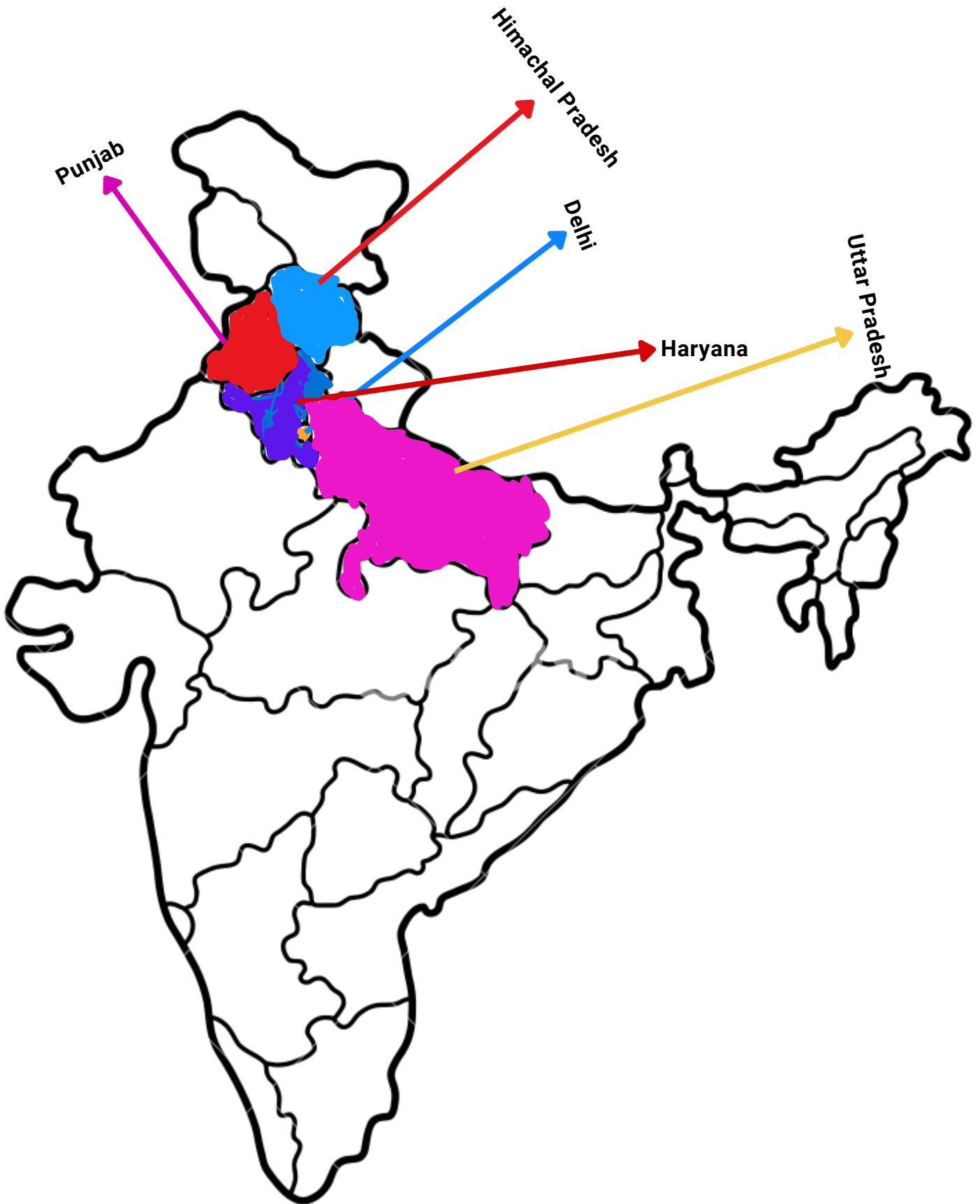
PROGRAM DIRECTOR - EMPOWERMENT FOR REHABILITATION, ACADEMIC AND HEALTH

EFRAH Society for Social Welfare

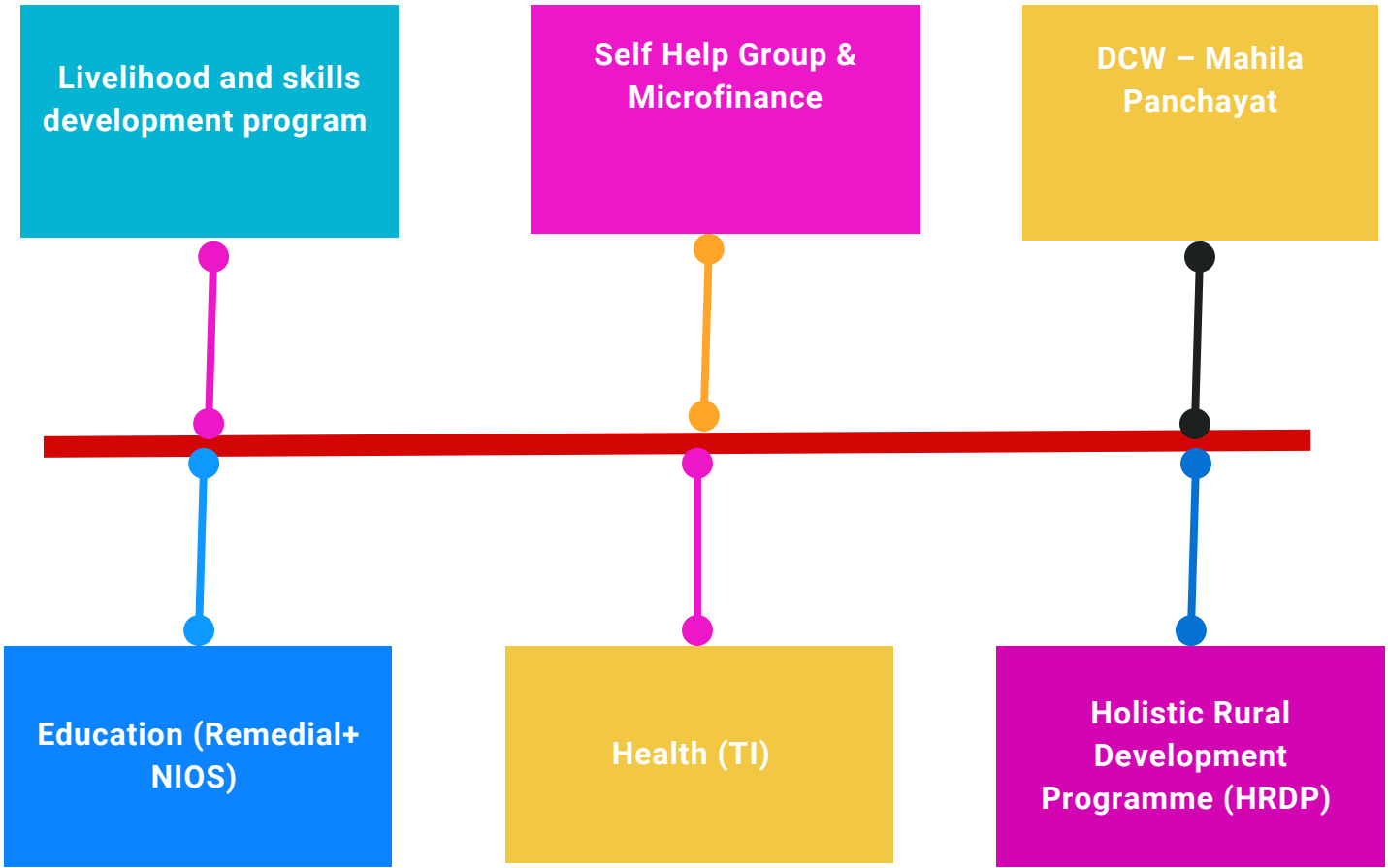
EFRAH (A Society for Social Welfare) is a Non-Governmental Organization started in 1997 and came into legal existence on 17th March 1999, getting Registration under the society registration act 21 of 1860 and its Registration No is S-34553 in Delhi (India). It is registered under the foreign contribution registration act 6 (1) (a), registration No. 231660324 (renewed in January 2022 and valid till the year 2027), as well as registered under the Income tax act of 80G and under the 12A. The inception of EFRAH as an organization has been an emotional journey that started with 150 children working Okhla vegetable market area in New Delhi as child labour; EFRAH engaged with them with an aim to mitigate child labour and mainstream these children with a formal education system. Later on, EFRAH expanded its outreach to other areas on child rights issues and subsequently started engaging with families of the children to promote and support the overall development of children and the families. With these backgrounds, the core area of EFRAH intervention has been broadened to Education (Facilitating children through learning centers & Vocational Training centers, mainstreaming those children with school, Advocating Right to Education Act implementation and the importance of social & financial education), Livelihood (Self Help Group formation, Micro Finance & placement of students capacitated through vocational training), Health (RMNCH Awareness & HIV/AIDS prevention among female sex workers and migrant labors), WASH (Water Hardware Installation and Sanitation & Hygiene program), Promotion of Community Livelihood, Agro Diversity, Natural Resources, Renewal Energy Bio Diversity (Promoting Organic Farming, Solar Energy, Solar Power Irrigation, cultivate healthy crops and make better ecosystem, Ponds Rejuvenation and Rain Water harvesting), and Disaster Risk Reduction (DRR) (Awareness and increased coping capacity to shocks induced to disaster). At present, we are working in Delhi, Haryana, Punjab and Uttar Pradesh.) EFRAH is functioning through a child-centered community development approach and advocacy is a part of the outreach programme. We adopted “education and rights” as a tool for social change, particularly among the informal economy as well as the unorganized community. At the community level, we organize the community in their peer groups and orient/capacitate those concerning matters and group management. EFRAH has facilitated more than 200 community groups (Women and Adolescents girls). Our capacity to carry out the project is our 24-years rapport with the community and our experience in implementing several community development programs, especially in the area of education and women empowerment. EFRAH functions through a child-centered community development approach, and advocacy is a part of each program. We adopted “education and rights” as a tool for social change, particularly among the informal economy sector and the unorganized community. Our working model encompasses different modes like Public Private Partnership (PPP) with our Development Partners, which include the Government, UN Agencies, Bilateral and Multilateral Agencies, Public Sector Undertakings (PSU's), Corporate Houses, National & International Trusts, Foundations, and Educational Institutions. EFRAH has long-standing experience in working toward community empowerment. It will make a positive difference in the lives of resettled, migrated, and others in the project area by:

- Delivering services
- Engaging in Advocacy, Promoting and protecting Human right
- Enabling non-violence conflict resolution awareness
- Facilitating community education that will promote and foster non-discrimination, caste, creed, non-violence, understanding, and mutual support to achieve mutual respect, inclusiveness, harmonious relation, and effective participation in the community
- Building and Enhancing skills & capacity of community and individuals for a sustainable livelihood
- Commencing relief & rehabilitation during and after emergencies & disaster.
- To educate people on the various aspects of self-employment, encourage and assist in linking them with the different financial institutions to establish their employment means. The Sub-goals of EFRAH are:
 - o Women empowerment by making them realize their innate power and by encouraging them towards self-employment.
 - o Establishment of Drinking Water supply, Water Management and Sanitation.
- Empowerment of farming communities by forming farmer producer organizations (FPO), Farmer Interest Groups (FIGs) etc

GEOGRAPHICAL PRESENCE



Our Programs



Project Summary

Transforming community Programme is positioned to work in collaboration among the Union Government, State Governments, City Governments, and all stakeholders involved in urban governance to achieve the vision of 'smartly governed cities. EFRAH has initiated an integrated programme which will also map different themes of community development in urban and rural areas. The programme Urban/rural Planning, Climate change, Adaptation and Mitigation, Sustainable Development Goals, Child & Adolescent Participation in the programme, Governance, Empowerment of Women, Increasing Citizen Engagement through e-Governance and Capacity Building Training for the target groups and stakeholders. Being a grass root level organization, EFRAH's focus to work at ground level people and bring positive change in the lives of underprivileged children, adolescent boys and girls, women, and their families and thus the overall community. We are doing a continuous effort to make changes in various ways – by sensitizing and intervening within community. The privileged active partners also came forward in all welfare initiatives. The core intervention areas in which organization is working on Education, ECCE, Livelihood, Vocational Training, Health, Violence against women, Water & Sanitation, Safe Drinking water, Rights, and entitlements with advocacy programmes for less- privileged community. The horizon ahead is promising. In the years to come, we envision deepening our roots, enhancing community engagement, and magnifying our impact. We are committed to strengthening our internal systems and building a more diverse and dynamic organization. We will achieve this by bolstering our internal systems, diversifying our staff, and welcoming young talent into our exceptional team.

OUR CORE VALUES

Vision- To build a society based on promoting socio- economic justice, social sensitivity, and empowerment of deprived groups, to enable them to become self-reliant and work collectively for social change.

Mission- EFRAH is committed to the holistic development of people living in dehumanized and deprived conditions in society, without any discrimination based on caste, creed, race, and religion.

Objective- To help in the all-round development of deprived and disadvantaged sections of the society, particularly women and children belonging to the rural and urban communities through education, health, environment, social and economic development, irrespective of caste, creed, and religion.

Education Program



Quick Review

- Total of 200 students were enrolled, consisting of 100 girls and 100 boys received remedial education.
- 327 dropout students resumed their education under bridge/NIOS, to facilitate their mainstreaming into formal educational Institution.
- A total 587 students were supported to continue their education.
- 3600 students benefitted from smart class Initiative.

Education is a tool which can transform the lives and can bring justice, equality among society. EFRAH plays vital role in providing free education to the students falling under underprivileged section of the society. EFRAH supports students to access the education through Government school. Our committed staff is helping out of those who wished to pursue the education but unable to access due to lack of documentation/ unawareness. We don't only support them in getting the admission in the government school but also follow up to students with close coordination with school teacher. Our remedial education aimed at bridging the educational gaps and ensuring that they would have knowledge of foundational knowledge and skills necessary to succeed in their formal education. The organization supported 101 underprivileged students to mainstream in the Government school. Apart from, the organization engaged in providing information among parents/students regarding getting admission in private school under EWS and documents required.

Development of Conceptual Knowledge on the Subject



The innovative teaching methods, utilizing interactive TLMs, have made education enjoyable and facilitated concrete learning for the children. Gradually, they are paying greater attention, and their foundational understanding of subjects has significantly improved. The children now actively participate in classroom activities, enjoying the learning process, and their academic performance has shown steady progress, indicating increased interest and comprehension.

Quick Review

- 200 students from Ragpicker community were engaged through out the year.
- 1081 parents were capacitated through the year on several themes.
- Participated in 12 SMC (school management committee) and strengthen the capacity of members and improved the situation of the community.
- The 177 students were identified during enrollment campaign and supported in the getting admission in the school.

SMART CLASS ROOM

&INFRASTRUCTURAL SUPPORT

This project is supported by HDFC Bank, 15 schools in the Dhariwal block of Gurdaspur District have been renovated and upgraded with smart classrooms, tile work, painting, an Education Garden, and Bala painting. The libraries have been enhanced with new books, and the toilets for boys and girls have been renovated. These upgrades have significantly improved the quality of education, offering interactive smart classrooms that have transformed the teaching and learning experience for both students and teachers. The new teaching approach incorporates updated syllabi, educational games, and puzzles, stimulating creativity and improving learning outcomes.



As a result, dropout rates have decreased, and students' learning levels have risen across all intervention schools. This initiative is expected to benefit approximately 3,600 students.

National Institute of Open Schooling (NIOS) and Tertiary Education

The NIOS program offers flexible learning for 122 students pursuing secondary and senior secondary education. EFRAH identifies and enrolls dropout girls, providing financial support and teacher guidance. Additionally, 60 adolescent girls are supported in higher education, with some attending institutions like Jamia Millia Islamia and Delhi University. These students, empowered through training on sexual harassment, life skills, and career counseling, are making a positive societal impact and serving as EFRAH ambassadors.

School Infrastructure & Smart Class Development

The Organization refurbished the has been damaged infrastructure, provided support to ensure proper sanitation facilities in the school premises especially for girls, established the library in each school, developed and promote smart classroom and computer laboratories. MDM room was refurbished and renovated for safe and clean food facilities for the children's health and hygiene. It is expected that Intervention that



proposed will have a conducive learning environment in the region that will enhance the enrolment and retention rate of the children in the school. The aim was to prepare a project proposal to initiate a comprehensive and sustainable development initiative in the most vulnerable villages. A participatory community action plan focusing on the status of livelihood, education, natural resources, health, water, and sanitation shall be prepared in each village. Based on the community action plan, the intervention will be started with the active participation of primary stakeholders. About 8000 beneficiaries directly benefited from the programmes and 16000 people indirectly benefited from the project.

Livelihood & skill development program



Quick Review

- EFRAH established 6 centers to provide remedial education to dropout students and ragpickers children.
- 1661 students were equipped in several courses.
- 100 students benefitted from the well designed curriculum introduced to match the current market needs.
- 1069 students placed at various companies.
- 85 % of total youth got placed in the first attempt in the recruitment drive.
- 87 % of total beneficiaries are girl.

This year, our Livelihood and Skills Development Program empowered over 1661 individuals, particularly women and youth, with vocational training in fields such as fashion designing, computer applications, and hardware maintenance. We also provided entrepreneurship workshops, job placement support, and capacity building for trainers to ensure high-quality instruction. As a result, 61 of participants secured employment, and 1069 successfully launched their own businesses, contributing to increased household incomes and economic stability. Despite challenges like limited access to resources and market saturation in certain trades, we adapted by diversifying courses and introducing online training modules. Moving forward, we plan to expand our offerings to include emerging fields and to establish an incubation center to support aspiring entrepreneurs. Our program continues to play a crucial role in enhancing the livelihoods of marginalized communities, driving economic empowerment, and fostering sustainable growth.

REMARKABLE JOURNEY OF ZAINAB

Zainab is a 19-year-old adolescent whose parents work in a scrap warehouse. She has three brothers and has always dreamt of getting an education to build a better career for herself. Her journey took a positive turn when she became associated with the EFRAH Foundation after attending a health and hygiene meeting related to ragpickers, organized by the foundation. Through this meeting, Zainab connected with an adolescent group, which led her to join an English course offered by EFRAH. Growing up in a challenging environment, where girls were often married off at the age of 16 or 17, Zainab defied these societal norms and pursued her 10th-grade education through open schooling.

Her association with EFRAH taught her the importance of personal hygiene and health, helping her break free from the limiting conditions she lived in. Zainab and her family used to live in a scrap warehouse, where she worked alongside her parents in extremely unhygienic conditions. Inspired by what she learned at EFRAH, she motivated her parents to leave that environment, and the family now resides in Kachchi Colony, living in a rented house. Her passion for the English language led her to successfully complete the English course. After finishing her 10th grade, she enrolled in 12th-grade studies through the National Institute of Open Schooling (NIOS). At the same time, she is learning sewing through a vocational course provided by EFRAH, with the dream of becoming a fashion designer.



Case study

Zainab is confident that her life would have been very different had she not engaged with EFRAH's adolescent group. The organization provided her with opportunities that transformed her life. In addition to focusing on her education, Zainab helps her younger brothers with their studies, becoming a role model for them. Through her determination and EFRAH's continued support, Zainab is now on a promising path toward achieving her dreams. Her story is a testament to how EFRAH has empowered many adolescent girls, helping them rise above their circumstances and build better futures for themselves and their families.

Scaling up the efforts

EFRAH's long-term training program for skill development and livelihood started by providing employability training to young boys and girls. With the support of our partners in the selected locations, the centers were opened to underprivileged youth who were unable to pursue higher education due to financial constraints. Over the past 10 years, more than 1661 adolescent boys and girls have received employability training, with over 1,069 successfully placed in jobs.

Journey to Independence and Success

Sapna, (Changed Name) a 19-year-old girl from an economically disadvantaged family, lives in J.J. Colony, Madanpur Khadar. Her family consists of five members, including her parents, one brother, and two sisters. Sapna's father works as a supervisor, earning a modest income of Rs. 8,000 per month, which is insufficient to meet the family's basic needs. Her mother is a housewife, and as the eldest sibling, Sapna felt a strong sense of responsibility to support her family. After completing her 12th grade, she was forced to drop out of further education due to financial constraints. Motivated by the need to contribute to her family's expenses, Sapna actively searched for job opportunities. However, she faced significant challenges, especially due to her lack of computer knowledge, which limited her prospects.

Determined to change her situation.

Sapna started searching for organizations that could help her develop new skills. Sapna's life took a transformative turn when she learned about EFRAH NGO through a friend. Realizing that enhancing her skills was the key to a better future, she enrolled in EFRAH's web designing course. The six-month course was a game changer for Sapna, as she gained valuable computer skills that transformed her capabilities. She mastered tasks such as form formatting and learned essential aspects of web design, boosting both her technical abilities and her confidence. Through her journey with EFRAH, Sapna noticed profound changes in herself. Her family, especially her parents, saw a newfound confidence in her, and they were proud of her progress. With EFRAH's guidance, Sapna developed not only technical skills but also the ability to set and achieve her goals. Her passion for learning and personal growth empowered her to face tough situations with resilience. Grateful for the opportunities provided by EFRAH, Sapna successfully completed the web designing course. She secured a position at China Venture Private Limited, where she now works in their call center, earning a monthly salary of Rs. 10,000. While she is content with her current job, Sapna is actively seeking more opportunities in the web designing sector, with dreams of building a successful career in the field.



Sapna's story is a powerful testament to how organizations like EFRAH can transform the lives of young women from underprivileged backgrounds, giving them the skills, confidence, and opportunities to rise above their circumstances and create a brighter future.

Personality development and Industrial exposure

EFRAH's program targets underprivileged youth who, due to financial hardships and limited job opportunities, often drop out of school and engage in casual labor or risky activities. To inspire a positive outlook and attitude, the program emphasizes personality development, fostering qualities like punctuality, adaptability, eagerness to learn, and helpfulness. The centers serve as a socializing space, nurturing mental health and shaping the youth into responsible citizens. Along EFRAH provides exposure visit to relevant trade, and students gets and exposure about work culture and benefitted.

Volunteer Engagement

Volunteers from reputed colleges and universities actively participate in EFRAH's vocational training program, enriching the learning experience for underprivileged youth. Their involvement brings a dynamic, interactive approach to the classroom, making sessions more engaging and relatable. As peers of the same age group, these dedicated volunteers are better equipped to empathize with and address the challenges students face, whether academic, emotional, or social. Through mentoring and shared experiences, they also serve as role models, inspiring students to pursue their goals and helping them build confidence for the future.

Centralized placement support cell

This year, our efforts in enhancing employment-oriented skills have been instrumental in preparing participants for the job market. Through targeted vocational training programs in fields such as IT, fashion designing, and BPO, we have equipped individuals with the practical skills needed for gainful employment. In addition to technical training, we provided soft skills workshops focusing on communication, teamwork, and interview preparation & ensuring participants were well-rounded and job-ready.



We also strengthened partnerships with local businesses, which played a crucial role in aligning our training with industry needs and facilitating job placements. As a result, 85% of individuals were secured employment & contributing to their financial independence and community development as well. The EFRAH is continuously fostering students even be in the company and directly touch with HR and conduct alumni meet to motivate other students. Meanwhile, EFRAH supports to the females to start their own entrepreneurship. Under the Initiative 41 females have started their business.

Career Counseling

Career counseling helps students choose a field that aligns with their interests, skills, and job expectations. Our counselor has created a proper plan of counseling and provided counseling about courses being offering by the EFRAH. The counselors focus on motivating students to make informed choices about their career paths. They also provide guidance in organizing thoughts and ideas for decision-making. This activity has proven valuable in boosting students' morale and confidence. The counselor offered students regarding new directions in growing market trends and potential job opportunities post completing the courses offered by the organization.



In the current year, 2171 students have availed themselves of career counseling guidance through individual counseling.

Self Help group and Microfinance



Self Help Groups (SHGs) have been a pivotal force in fostering economic independence, particularly among women in rural and semi-urban areas. By pooling resources and creating a collective fund, SHGs enable members to access credit, savings.

Other financial services that would otherwise be inaccessible Microfinance plays a crucial role in supporting these groups by providing financial products tailored to their needs, thereby empowering individuals to improve their livelihoods and contribute to community development. An astonishing outcome of the project is that the socio-economic condition of app. 10000 poor households would improve because of the women's access to financial services and would have access to formal financial linkages and micro-enterprise activities. In 139 SHG groups and women are associated and have become members who are capacitated with Regular trainings on financial literacy and Income generation and Entrepreneurial development activities.

Quick Review

- Total 2020 members added during the financial year.
- 815 Training were given to members on Digital payment and financial literacy with well designed curriculum.
- 300 TOT were conducted for enhancing capacity of trainers throughout the financial year.
- Facilitated 1465 SHG group leader meeting & Cluster level meeting.
- With the comprehensive training, 300 females have started business.
- 2029 health camps/ meeting on social entitlements meeting were done.
- With our aggressive approach we have reached out 34438 beneficiaries during financial year.

Women Empowerment



This year, our organization has continued to champion the empowerment of women by offering a robust combination of legal support, social and emotional assistance, and career counseling. Through our Targeted Interventions (TI) program and Mahila Panchayat, we provided critical legal support to women facing various challenges, enabling them to assert their rights and seek justice. The Mahila Panchayat has been a vital platform for resolving disputes and providing women with the legal knowledge necessary to navigate their circumstances effectively. In addition to legal support, we recognized the importance of addressing the social and emotional needs of women.

In addition to legal support, we recognized the importance of addressing the social and emotional needs of women. Our counseling services have played a crucial role in helping women overcome personal and societal barriers & boosting their confidence and emotional resilience. These sessions have been instrumental in providing a safe space for women to express their concerns and receive the support they need to move forward. Furthermore, our career counseling initiatives have empowered women by guiding them toward meaningful and informed career choices. Professional counselors from the service industry were brought in to assist women in identifying their inherent strengths and exploring new areas of opportunity. These sessions have not only equipped women with the knowledge of current job market trends but also motivated them to pursue careers that align with their interests and skills.

Overall, our integrated approach to women's empowerment—combining legal, social, emotional, and career support—has significantly impacted the lives of many women, fostering a sense of self-reliance and confidence. As we move forward, we remain committed to expanding these services to reach even more women, ensuring they have the tools and support necessary to lead empowered and fulfilled lives.

Quick Review

- A total of 1,053 cases were registered throughout the year, addressing issues related to domestic violence & sexual harassment.
- Through community meetings, 4,042 beneficiaries were engaged and provided with essential information and support.
- Additionally, 34,787 beneficiaries were sensitized through awareness drives, including door-to-door meetings, raising awareness about domestic violence, sexual harassment, and access to social entitlements.
- To further empower the community, 10-day self-defense training was organized, equipping beneficiaries with vital techniques for personal protection. This initiative not only boosted the confidence of participants but also enhanced their ability to protect themselves in difficult situations. The ongoing efforts have fostered a sense of empowerment and self-reliance within the community.
- A yoga classes was facilitated to learn the skills to be fit and healthy which benefitted 72 beneficiaries. This initiative helped to be mentally fit but helped to be confident and attentive.

Assertion of Women & girls as Human Rights

EFRAH plays a vital role in strengthening the community through its Gender Justice Program. To promote equality in society, EFRAH has taken critical steps by forming groups of women and adolescent girls and empowering them through regular community meetings and workshops on various themes such as reproductive health and rights, sexual harassment, domestic violence, and life skills. These initiatives equip participants with the knowledge and resources to access essential services.



Community meeting to engaging with Adolescent girls

Quick Review

- 13 workshop were conducted on Gender/legal compliances, RTI/Legal awareness. 749 beneficiaries were covered. It was done by 5 resource person.
 - Adolescent girls -
 - 2 workshop was done by resource person on life skills.
- The total participants were 154 beneficiaries.

To empower women and adolescent girls in our community, we are forming Self-Help Groups (SHGs) aimed at fostering economic independence and entrepreneurship. These groups will provide a platform for members to pool resources, share skills, and access microcredit facilities.



Through collective efforts, women and girls will be encouraged to start small businesses, enabling them to generate income and improve their livelihoods. The SHGs will focus on building essential skills such as financial literacy, business planning, and marketing strategies. Regular training sessions and workshops will be organized, covering topics from product development to market analysis. Additionally, the groups will offer a supportive network where members can exchange ideas, collaborate on projects, and collectively address challenges. By participating in these SHGs, women and adolescent girls will gain confidence, enhance their decision-making abilities, and contribute to the economic stability of their families and the broader community. The initiative aims to create sustainable business opportunities, reduce dependence on external aid, and foster a sense of empowerment among the participants, ultimately leading to greater gender equality and social progress. Currently EFRAH has formed SHGs and have 1375 members.

Meeting with potential Adolescent girls & Awareness on Sexual harassment & Life skills programmes



The program also includes crisis intervention, with domestic violence, sexual harassment, and other forms of abuse being addressed. Our Mahila Panchayats have acted as a bridge between the community and law enforcement, ensuring timely and appropriate action is taken in crisis situations. In collaboration with police officers, legal experts, and health workers, we have developed a strong support system for women in vulnerable situations. The Mahila Panchayat Gender Justice Program will continue to expand its reach by forming more women's

groups, scaling up skill-based trainings, and intensifying community outreach. We plan to deepen our collaboration with local authorities and legal bodies to ensure sustainable outcomes for the women we serve. By fostering gender equality and ensuring access to justice, we aim to create a more inclusive and equitable society. The team reaches out to those most in need, supporting them in accessing justice in cases related to domestic violence and sexual harassment. Additionally, the team not only assists in accessing services but also empowers participants through various capacity-building sessions on women's rights, POCSO, and laws related to domestic violence. EFRAH is also empowering adolescent girls aged 18-25 years through skill-based courses, supporting them to become financially independent. These initiatives not only help adolescent girls achieve financial independence but also enable them to make decisions, promote gender equality, and build self-confidence. Furthermore, several workshops have been conducted throughout the year to empower them in various aspects, including legal knowledge, life skills, and financial literacy.

Promoting Health seeking behavior

A key intervention of EFRAH's project focuses on promoting healthy behaviors through group activities such as meetings, training sessions, one-on-one counseling, and home visits. These activities cover essential health topics, including the negative impacts of early marriage and early pregnancy, the benefits of early pregnancy registration and institutional delivery, the importance of proper antenatal and postnatal care, the value of nutritious and affordable food along with supplements, and the significance of breastfeeding. This structured and targeted approach contributes to reducing infant, child, and maternal mortality rates. Group meetings and individual counseling have increased health awareness, resulting in a higher demand for health services, which are provided by a well-equipped mobile hospital service in the community.

Health Programme

The Targeted Intervention (TI) program with Female Sex Workers (FSW), supported by the Delhi State AIDS Control Society (DSACS), is a crucial initiative aimed at improving the health and well-being of one of the most vulnerable populations. The program focuses on reducing the risk of HIV and other sexually transmitted infections (STIs) through a comprehensive approach that includes awareness, prevention, and treatment. By building trust within the community, the program provides FSWs with access to essential health services, including regular medical check-ups, condom distribution, and counseling. Additionally, the TI program empowers FSWs through education on their rights, ensuring they have the knowledge and resources to protect themselves.

Through collaboration with healthcare providers and community stakeholders, the program addresses both the immediate health needs and broader social challenges faced by FSWs. We contributing to their overall empowerment and improved quality of life. The team has also enhanced the life prospects of FSWs by enrolling their adolescent girls in livelihood 560 programs and education, ultimately placing them in relevant companies to alleviate poverty and improve their lives. Additionally, the EFRAH & DSACS facilitated a comprehensive training program called CLM (Community lead monitoring) for selected FSW, the total 50 FSW were chosen from the Community who undergo with compressive training program for 1 year and further placed as Baseline surveyor at Sattva Consultancy and few of them received offer from District Court - Saket as an advisor against FSW cases.

Health Camp

With support from community stakeholders, EFRAH organized health camps to provide essential healthcare services to marginalized communities living in unauthorized colonies and slums. Stakeholders included DSACS, the health department, and specialist doctors such as gynecologists, pediatricians, and general physicians. Extensive community mobilization efforts, including the distribution of IEC materials, pamphlets, announcements, and posters, led to a high patient turnout during camp hours. The Smile Health Camp offered a variety of services, including women's and children's health care, ANC and PNC services, awareness sessions for women, child health care, STI/RTI treatment, free medical checkups, HIV testing, and referrals for serious cases. Medicines and other services were also provided.

These comprehensive services were delivered through two health camps focused on daily wage laborers, construction workers, and individuals from the unorganized sectors in the southeastern part of Delhi. Additionally, weekly OPD services were conducted exclusively for these groups.



Quick Review

- EFRAH-FSW-TI organized a community event and health camp at Madanpur Khader to provide essential health services such as clinical checkups, syphilis, HIV, and TB screenings, and condom distribution. The event also aimed to raise awareness about our Targeted Intervention Project and its services. Around 450 key populations participated and received health services.
- EFRAH-FSW-TI organized another community event and awareness camp at Madanpur Khader, focusing on the causes and prevention of HIV and AIDS. Two special guests from Saket Court informed the community about their legal rights under the HIV/AIDS Act of 2017. Participants had one-on-one sessions with advocates to discuss issues related to crisis and violence.

The core team for the camps and OPD services consisted of qualified doctors, lab technicians, and paramedics with support staff. Primary health care services included treatment for skin allergies, vision issues, cough, TB, silicosis, blood glucose, and hemoglobin levels. Beneficiaries were also educated on various health hazards and how to take precautions when performing hazardous jobs. Counseling and referral services were an integral part of the camps, with supplements provided free of cost.

- The event empowered 350 community members with crucial health and legal knowledge, directly impacting their daily lives
- EFRAH - FSW program registered 6185 FSW throughout the year and provided services related to HIV test, precautionary measures regarding STDs/RTIs.
- 945 FSW were provided counseling services throughout the year.
- Additionally, 25 FSW were placed at Sattva Consultancy and few FSW receive an offer from District Court- Saket for advisor role for case against FSW.

Meeting with influential leaders/ community change agent

To raise awareness within the community, EFRAH facilitates regular meetings with NGOs, CBOs, and influential leaders such as police officers and advocates discussing the programs offered by the organization. These meetings are part of a broader strategy to increase the visibility of the organization among key stakeholders. Additionally, EFRAH is part of an NGO network where similar organizations are working together to benefit the community through innovative service delivery models.

WASH (Water, Sanitation and Hygiene)

The Water, Sanitation, and Hygiene (WASH) program has been a vital part of our efforts to improve community health and well-being. Over the past year, we have provided access to clean and safe drinking water by installing new water sources and rehabilitating existing ones, our sanitation initiatives have focused on behavior change community through intervention. We are conducting hygiene awareness campaigns; promoting hand washing, menstrual hygiene, and safe water handling practices among local dwellers.

These interventions have led to a reduction in waterborne diseases and improved health outcomes, especially among women and children, contributing to a healthier and more resilient community.



Advocacy and Networking



Throughout the year, EFRAH has prioritized advocacy and networking as critical components of its mission to support marginalized communities. By collaborating with NGOs, CBOs, government agencies, and legal professionals, EFRAH has worked to address systemic issues such as domestic violence, sexual harassment, gender equality, and social entitlements. Our advocacy efforts included organizing community-based awareness programs, policy discussions, and legal aid workshops.

These initiatives raised awareness about legal rights, health services, and available government schemes, empowering individuals to access social support systems and exercise their rights. EFRAH's participation in various networks of NGOs has enhanced our capacity to influence policy and share best practices. By strengthening our relationships with local authorities, police officers, advocates, and other stakeholders, we have improved crisis response mechanisms, particularly for women facing violence and legal challenges. Moving forward, EFRAH will continue to expand its advocacy efforts, aiming to shape policies that promote gender justice and social equity. Our focus will remain on building stronger networks, advocating for progressive laws, and creating sustainable partnerships to amplify the voices of vulnerable communities.

Securing Rights

EFRAH has played a crucial role in ensuring that marginalized communities gain access to social entitlements, which are essential for securing their rights and improving their quality of life. Through targeted interventions, community outreach, and awareness drives, we have helped beneficiaries navigate the often complex process of applying for and receiving government schemes and benefits. Over the past year, EFRAH facilitated the distribution of key social entitlements, including ration cards, disability certificates, and old-age pensions. We have empowered beneficiaries to access basic necessities such as food security, healthcare, and financial support.



By ensuring that individuals, particularly women and vulnerable groups, are aware of their rights, EFRAH has helped them achieve financial independence and a stronger sense of self-reliance. In addition to individual support, EFRAH conducted workshops and awareness campaigns that educated communities on the importance of accessing social entitlements. These sessions covered eligibility criteria, application procedures, and how to overcome bureaucratic hurdles. The program also provided legal assistance to beneficiaries facing challenges in securing their entitlements.

By securing access to these essential services, EFRAH has not only improved the socio-economic standing of individuals but also strengthened their ability to advocate for themselves within their communities.

Moving forward, EFRAH remains committed to expanding its efforts to ensure that even more individuals are able to secure their rights through access to vital social welfare schemes. Currently, EFRAH has conducted 2 workshops with adolescent girls and women of the community and benefitted 116 members and conducted a workshop on access on social with resource person who gave exposures about variety of social entitlements offering by the Govt. and process of availing this facility. A total of 222 beneficiaries participated in the workshop facilitated by EFRAH.

Community volunteer and Internship

EFRAH's Community Volunteer and Internship Program has been instrumental in fostering community engagement and developing the capacity of young professionals committed to social change. Over the past year, the program has provided volunteers and interns with hands-on experience in community development, offering them opportunities to contribute to critical projects related to gender justice, health, education, and social entitlements. Our volunteers have played an essential role in outreach activities, helping facilitate community meetings, awareness campaigns, and health camps. Out volunteers engaged in the offering support in areas such as domestic violence prevention, legal aid, and access to government schemes & aggressive mobilization of targeted beneficiaries for our skill based center, the volunteer from various academic backgrounds by conducting research, assisting in project implementation, and supporting program documentation and reporting.

The program also focused on building the skills of volunteers and interns through workshops, training sessions, and mentorship from EFRAH staff. Participants gained valuable insights into grassroots community work, project management, and advocacy strategies, which has not only benefited EFRAH's initiatives but also enhanced the participants' professional and personal growth. As we look to the future, EFRAH plans to expand the Community Volunteer and Internship Program, engaging more young people in our mission to promote social justice and strengthen community resilience. By fostering a spirit of volunteerism and offering practical learning experiences, we aim to create a network of future leaders who are committed to driving social change.